## Week 2 - Psalm 13: Praying our Lament

1. CONTEXT: A quick look back:

## 3. APPLICATION:

No matter what method you used for content, spend some time talking about what this passage might mean to us now. Here are some questions to help guide this discussion. Feel free to use several or to just focus on one or two.

Psalm 13 (like all of the 42 psalms of lament) teaches us that it is okay— even welcome —to cry out to God.

**X**